

• DRUG COURT PRACTITIONER COURSE CATALOG

This *special edition* of our provider course catalog, targets Drug Court Practitioners. We've listed over 50 courses that we can offer to your drug court team members whether they are treatment providers or judicial practitioners.

The course portfolio is divided into six subject areas. "CORE" indicates a course is a foundation course in a subject area. This means that many of the other courses under the same subject area would benefit from having your practitioners take this course first. "NEW" indicates a course is new to the listing this year.

SUBSTANCE ABUSE

- Overview of Substance Abuse (6hrs) *CORE*
- Assessment Interviewing: Substance Abuse Histories (6hrs) *CORE*
- Treatment Models and Modalities (3hrs) *CORE*
- The Principles of Self-Help Programs in Drug Treatment (3hrs)
- Drug Testing Science & Policies: Fundamentals & Interpretations (3hrs)
- Methadone Maintenance Treatment in Drug Court (3hrs)
- Heroin Update (3hrs)
- Crack/Cocaine Update (3hrs)

CASE MANAGEMENT:

- Effective Case Management for Drug Court Practitioners (6hrs) *CORE*
- Managed Care and Entitlement Issues (3hrs)
- Vocational Rehabilitation in the Treatment Setting (3hrs)
- Returning to Work in Recovery (3hrs)

COUNSELING & PREVENTION:

- Strength Based Interventions: Building the Alliance between Participant and Drug Court (3hrs) *CORE*
- Cultural Proficiency for Drug Court Practitioners (12hrs) *CORE*
- Using The Stages of Change Model in Drug Court (3hrs) *CORE*
- Responses to Non-Compliance (3hrs) *CORE*
- Relapse Prevention (6hrs)
- Motivational Interviewing (6hrs)
- Motivational Interventions with African American Clients (6hrs)
- Motivational Interventions with Latino Clients (6hrs)
- Group Facilitation Skills for Drug Treatment Counselors (6hrs)
- Advanced Group Facilitation Skills (6hrs)
- Crisis Counseling: Issues of Trauma and Bereavement (3hrs)
- Game Playing as a therapeutic tool for Drug Treatment (3hrs)
- Clinical Supervision for Drug Treatment Workers (3hrs)
- Mental Health Issues for Drug Court Practitioners (3hrs)
- MICA (Mentally Ill Chemical Abuser) (3hrs)
- MICA – Advanced (3hrs)
- Domestic Violence (6hrs)
- Overview of HIV/AIDS (3hrs)
- The ABC's of Hepatitis (3hrs)
- Overview of Sexually Transmitted Diseases (STDs) (3hrs)

- Drug Treatment Issues with the HIV/AIDS Client (3hrs)
- Lesbian, Gay, Bisexual & Transgender Issues in Treatment and Recovery (3hrs)

WOMEN IN DRUG TREATMENT:

- Drug Treatment for Women Offenders in Drug Court (6hrs) *CORE*
- Relapse Prevention for Women (3hr)
- Women, Alcohol and other Drug Abuse: Issues in Pregnancy and Recovery for the Drug Court Client (3hrs)
- Afro-centric Motivational Interventions for women (6hrs)
- HIV Issues for African American Women in Drug Treatment (3hr)
- HIV Issues for Latinas in Drug Treatment (3hrs)
- HIV Issues related to Women Offenders in Drug Treatment (3hrs)
- Domestic Violence (6hr)
- Domestic Violence in Lesbian & Gay Communities (3hr)
- Domestic Violence and Children (3hr)

FAMILY DRUG TREATMENT ISSUES:

- Using a Family Systems Treatment Approach in Drug Court (6hr) *CORE*
- Children of Alcohol and Other Drug Affected Families (3hr)
- Parenting in Recovery (3hr)
- Talking with Children about HIV (3hrs)

ADOLESCENTS IN DRUG TREATMENT:

- Drug Treatment for Adolescents in Drug Court (6hrs) *CORE*
- Group Facilitation with Adolescents in Drug Treatment (6hrs)

- **Course Descriptions:**

SUBSTANCE ABUSE:

Overview of Substance Abuse (6hrs)

This course addresses the Bio-Psycho-Social implications of alcohol, tobacco and other drug (ATOD) use, abuse, and dependence and is a core course for all drug court practitioners. Key concepts include ATOD use and abuse; basic pharmacology; the effects of psychoactive drugs on neurochemistry; drug specific treatment/prevention issues and strategies. *Class size: unlimited.*

Assessment Interviewing: Substance Abuse Histories (6hrs)

Developing effective treatment plans for drug court clients requires the ability to sensitively take accurate and complete substance abuse histories. This course helps develop effective skills for administering assessment interviews of drug court clients covering substance abuse histories. Material covered includes information on the components of the assessment process, developing a case history and treatment planning. *Class size: limited to 30.*

Treatment Models and Modalities: (3rs)

In order to do effective treatment matching with drug court clients, practitioners must have an understanding of treatment models and modalities. This workshop reviews both historical substance abuse treatment philosophies and the existing treatment modalities that have evolved from them. A review of the current bio-psycho-social continuum of care will be examined along with interventions such as inpatient/outpatient, Therapeutic Communities, Methadone Maintenance, Harm Reduction, Detoxification, Individual/Group Strategies, Cognitive-Behavioral, Life Skills, Acupuncture, Relapse Prevention and Aftercare. *Class size: unlimited.*

The Principles of Self-Help Programs in Drug Treatment: (6hrs)

The treatment of alcohol and other drug dependence in Drug Courts throughout the country relies heavily on self-help groups such as Alcoholics Anonymous and Narcotics Anonymous. This course explores the use of Twelve Step and other types of self-help programs as either the basis of treatment or as an adjunct to treatment. It discusses the problems of non-compliance/resistance to self-help groups, cultural issues and program barriers for clients, and provides strategies for increasing compliance with them. *Class size: limited to 30.*

Drug Testing Science & Policies: Fundamentals & Interpretations (3hrs)

This seminar will provide caseworkers, treatments counselors, drug court staff, and other professionals with a comprehensive understanding of the state of the art techniques, methods, interpretation, policies and strategies used in drug testing. The analysis of drugs of abuse in hair, sweat, and saliva will be discussed with a stronger emphasis on urine drug screening. Case studies will be used for THC, cocaine, and opiates. Over-the-counter and prescription medications will also be addressed, as well as, the methods by which people try to beat the drug test. *Class size: unlimited.*

Methadone Maintenance Treatment in Drug Court (3hrs)

This course will provide an overview of the theoretical underpinnings, history, effectiveness and current status of methadone treatment in the US. Current Federal and recent revisions in State regulations, including opioid replacement therapy (LAAM) and eligibility requirements, will be discussed. The impact of poly-drug use, the HIV epidemic, concerns generated by dosing issues (i.e. impairment and diversion), and detoxification (supervised withdrawal) issues will also be considered. Class size: unlimited.

Heroin Update (3hrs)

The wider availability of high quality heroin has raised a number of criminal justice and treatment issues. This course will focus on opioid use, pharmacology, and toxicology. The unique attributes of opioids, models of opioid addiction and their implications for treatment will be emphasized. *Class size: unlimited.*

Crack/Cocaine Update (3hrs)

This course addresses the Bio-Psycho-Social ramifications of cocaine use, abuse, and dependence. Neuro-behavioral stages of recovery, treatment strategies, relapse issues, the alcohol connection, and treatment planning for drug court practitioners will be covered. *Class size: unlimited.*

CASE MANAGEMENT:

Effective Case Management for Drug Court Practitioners (6hrs)

This course will provide practitioners with a basic understanding of the case management process. It will focus on an intensive step-by-step review of the purpose and best practices of case management and will include an examination of the goal planning process. Topics to be covered include: History and evolution of case management; Review and comparison of case management models; Distinction between case management and other forms of client interventions; nature and importance of goal planning; Components and relationship between steps of the case management process; Reasons and process for closure. *Class size: limited to 30.*

Managed Care and Entitlement Issues (3hrs)

This course offers an introduction to the managed care system and the broad range of entitlements available to drug court clients including federal, state, and City-specific programs. Topics to be covered in this training include: Overview of the managed care and entitlement systems; Benefits levels, Forms needed to apply for and Means limits for such programs as: Medicaid, SSI (Supplemental Security Income), SSDI (Social Security Disability Insurance), Food Stamps, Public Assistance, Medicare. *Class size: unlimited.*

Vocational Rehabilitation in the Treatment Setting (3hrs)

If clients have never had a job before, what are the steps to choosing a career? How is this choice integrated with the court and drug treatment process? This course is designed to increase the practitioner's knowledge of the rehabilitation process. The content includes determination of work readiness, identifying obstacles, and the development and implementation of vocational rehabilitation plans. *Class size: unlimited.*

Returning to Work in Recovery (3hrs)

More than 77% of persons with substance-abuse disability are employed and will be returning to work after or during treatment. Returning to work is also a key component of most drug court treatment plans. This course focuses on relapse prevention while you're on the job. It includes tools to enable practitioners to help their clients to return to work in a healthy way. Practitioners will identify triggers specific to work, learn the 12 Steps of Work Recovery, and participate in some return-to-work exercises. *Class size: unlimited.*

COUNSELING & PREVENTION:

Strength Based Interventions: Building the Alliance between Participant and Drug Court (3hrs)

The strength-based approach is an emerging movement in the criminal justice system and Drug Courts. Making use of clients' preexisting abilities and a balanced view of the individual's strengths as well as weaknesses will give a more realistic and accurate profile to work treatment from. This course will cover the basics of strength-based treatment including: looking at the client through change-focused lens, instilling self-efficacy, the four common factors to the change process, sharing the 'expert' role with the client, and establishing a positive relationship (building the therapeutic alliance).

Class size: unlimited.

Cultural Proficiency for Drug Court Practitioners (12hrs)

This two-day course on Cultural Proficiency is will help practitioners gain an understanding of culture's impact on the Drug Court Treatment process. Topics include: foundations of cultural proficiency; differentiating proficiency from competency and sensitivity issues; Values and their impact on behavior from a cultural perspective; Culturally based perceptions of client motivation; gender issues; African American issues; ethical issues around confidentiality and client outcomes/evaluation. *Class size: limited to 30.*

Using The Stages of Change Model in Drug Court (3hrs)

An accurate assessment of a client's readiness for change is key to effective treatment matching. This course will examine how the Prochaska and DiClemente *stages of change model* can be utilized by drug court practitioners to determine readiness for change for a client. Client assessment of "staging" along with appropriate "stage specific" counselor interventions encouraging behavior change will be reviewed. *Class size: unlimited.*

Responses to Non-Compliance (3hrs)

The terms "non-compliant" and "resistant" have vastly different meanings in the criminal justice and drug treatment systems. This course will explore the two difference perspectives on non-compliant/resistant behaviors and attempt to reframe them in a more helpful manner. Definitions of terms, understanding where resistance comes from, behavioral manifestations, the use of incentives and sanctions and resistance within the context of the stages of change model (and subsequent readiness for change factors) will be looked at. *Class size: unlimited.*

Relapse Prevention (6hrs)

This course will help the drug court practitioner to understand relapse prevention/intervention issues in the treatment setting. Definitions of relapse and the stages of recovery, research on relapse and relapse rates for treatment programs, triggers/cues for each of the stages of recovery, and relapse prevention planning in the context of the drug court and treatment environments will all be covered. *Class size: limited to 30.*

Motivational Interviewing (6hrs)

Motivational Interviewing (MI) is a therapeutic model for evoking and enhancing people's intrinsic motivation to change unhealthful behaviors that are inconsistent with their values and goals. MI techniques have been effective in helping chemically dependant clients to change their drug using and or criminal behavior(s). In this workshop, practitioners will learn the techniques of motivational interviewing and how to apply them in their drug court work. *Class size: limited to 30.*

Motivational Interventions with African American Clients (6hrs)

This course is based on two developments in substance abuse treatment: motivational interviewing and African-centered counseling. Motivational interviewing is designed to “go where the client is at” while African-centered counseling starts with the recognition that culture is highly relevant to people’s everyday behavior. This course will help drug court practitioners, who traditionally have not been as effective with African American clients as with Caucasian clients, to utilize MI techniques through the African-centered cultural lens. *Class size: limited to 30.*

Motivational Interventions with Latino Clients (6hrs)

This course is based on two developments in substance abuse treatment: motivational interviewing and Latino-centered counseling. Motivational interviewing is designed to “go where the client is at” while Latino-centered counseling starts with the recognition that culture is highly relevant to people’s everyday behavior. This course will help drug court practitioners, who traditionally have not been as effective with Latino clients as with Caucasian clients, to utilize MI techniques through the Latino-centered cultural lens. *Class size: limited to 30.*

Group Facilitation Skills for Drug Treatment Counselors (6hrs)

This course will help treatment workers understand the essential elements of effective group facilitation in a treatment setting. The course will cover: the stages of group development, setting up group guidelines, initial group sessions, the basics of group dynamics and the role of the group facilitator. *Class size: limited to 30.*

Advanced Group Facilitation Skills (6hrs)

This advanced training is designed to provide the treatment worker with the opportunity to apply their knowledge of group dynamics and theory to simulated group experiences. Feedback will be provided on demonstrated group skills and alternative approaches/interventions will be recommended in a format that combines both experiential and presentation style exercises. *Class size: limited to 30.*

Game Playing as a therapeutic tool for Drug Treatment (3hrs)

Games are incredible learning tools that help us learn by doing. This highly experiential workshop will teach practitioners how to use games successfully with their groups. Course content will include; what games are appropriate for which stage of group development, adapted exercises from books like Games, More Games and Theatre Games, how to set up safe guidelines for playing, and how to process exercises. *Class size: unlimited.*

Crisis Counseling: Issues of Trauma and Bereavement (3hrs)

With the impact of the World Trade Center attacks still being felt by both practitioners and the treatment population at large, this course will focus on the impact of trauma and its' short and long term bereavement issues for drug court clients. Signs and symptoms, critical incidents and PTSD, and relapse issues will also be covered. *Class size: unlimited.*

Clinical Supervision for Drug Treatment Workers (3hrs)

This course will present the clinical aspects of supervision for treatment workers. The learning process will focus on the roles of supervision, effective management, staff development planning, ethical concerns, the specific needs of drug court clients and their service providers, and the link between clinical supervision and evaluation procedures. *Class size: unlimited.*

Mental Health Issues for Drug Court Practitioners (3hrs)

This course is designed to both orient practitioners to basic information about mental illness and to prepare providers to screen for and make effective mental health referrals. Topics to be covered in this training include: an overview of common psychiatric disorders; behavioral red flags during assessment; and an over view of the mental health service delivery systems. *Class size: unlimited.*

MICA (Mentally Ill Chemical Abuser) (3hrs)

Statistics show that the correlation between substance abuse and mental illness is high. This is especially true in a criminal justice population. This course will focus on MICA terminology, prevalence rates, and special issues. It will also include DSM-IV criteria for substance abuse, symptoms of psychosis, common dual disorder combinations, and assessment. *Class size: unlimited.*

MICA – Advanced (3hrs)

This course will provide advanced information on mental illness and chemical abuse in the drug court population. It will include criteria for determining differential diagnosis and assessment, the impact and influence of substances on psychopathology, and appropriate treatment planning and interventions. *Class size: unlimited.*

Domestic Violence (6hrs)

This course will help practitioners understand domestic violence and its impact on women offenders in drug treatment. Topics to be covered include: history and context of domestic violence work today, definition of terms and terminology, screening issues for victims and perpetrators, additional risks for women in drug treatment, resources and safety planning. *Class size: limited to 30.*

Overview of HIV/AIDS (3hrs)

The impact of HIV/AIDS on the criminal justice, chemically dependent and recovery populations in the US has been severe. This basic course will cover all the information practitioners need to know about the illness including: definitions of HIV and AIDS, description of the spectrum of illness, HIV antibody testing, means of transmission, preventive risk reduction practices and implications for relapse. *Class size: unlimited.*

The ABC's of Hepatitis (3hrs)

Knowledge of Hepatitis B and C, so prevalent in chemically dependent populations, has become crucial to effective drug treatment. This course will cover various topics about hepatitis: transmission, signs and symptoms, and epidemiology. Treatment issues will also be presented along with the relationship between HIV and Hepatitis A, B, and C. *Class size: unlimited.*

Overview of Sexually Transmitted Diseases (STDs) (3hrs)

This course will provide an overview of the more common STDs encountered in treatment populations including gonorrhea, syphilis, trichomoniasis, human papilloma virus (HPV), chlamydia, herpes, and hepatitis A-B-C. Signs and symptoms, treatment and epidemiology will also be covered. *Class size: unlimited.*

Drug Treatment Issues with the HIV/AIDS Client (3hrs)

This course will present guidelines for creating a comprehensive, integrated system of care for HIV infected client in drug treatment. Content includes: screening instruments in infectious diseases, mental health, primary care, social service and legal issues for HIV infected clients. *Class size: unlimited.*

Lesbian, Gay, Bisexual & Transgender Issues in Treatment and Recovery (3hrs)

This course will cover epidemiology, causal theories, definitions of sexual orientation, sexual behavior, gender role and gender identity, explorations of individual and group counseling interventions along with the treatment goals of early and ongoing recovery for the Lesbian, Gay, Bisexual and Transgender client. *Class size: unlimited.*

WOMEN IN DRUG TREATMENT:

Drug Treatment for Women Offenders in Drug Court (6hrs)

This course addresses the specific treatment issues and challenges that women offenders face when entering the Drug Court system. The content includes: female vs. male treatment models, parenting and child custody issues, physical and mental health issues, relapse prevention, gender specific compliance issues, domestic violence and model female-specific programs. *Class size: limited to 30.*

Relapse Prevention for Women: (3hrs)

This course explores special issues for women offenders in recovery, which may impact upon their sobriety. The content includes risk assessment at different stages in recovery, conditioned cues (i.e. PMS), risk reduction techniques, and treatment planning. *Class size: unlimited.*

Women, Alcohol and other Drug Abuse: Issues in Pregnancy and Recovery for the Drug Court Client (3hrs)

This course explores the effects of alcohol and other drug abuse on women who are pregnant. The specific effects of fetal alcohol and other drug exposures, implications for mother, infant & child, special issues for women in recovery, and strategies for intervention will be reviewed. *Class size: unlimited.*

Afro-centric Motivational Interventions for Women (6hrs)

This course is based on two developments in substance abuse treatment: motivational interviewing and African-centered counseling. Motivational interviewing is designed to “go where the client is at” while African-centered counseling starts with the recognition that culture is highly relevant to people’s everyday behavior. This course will look at motivational interventions from the gender specific perspective of the African-American woman in Drug Court. *Class size: unlimited.*

HIV Issues for African American Women Offenders in Drug Treatment: (3hrs)

This one-day course examines the link between cultural identity and recovery for African American women offenders in drug treatment. Issues related to cultural identity are explored as both barriers to treatment and strengths for healing. Unique strategies are developed and concrete examples given for engaging this population in HIV prevention and treatment. *Class size: unlimited.*

HIV Issues for Latina Offenders in Drug Treatment: (3hrs)

This course will address trends of HIV among Latinas and the impact of substance use on this epidemic. Issues that help define Latina culture will be examined along with cultural norms which impact on substance use, specific issues of Latina offenders, sexuality and HIV. It will also provide the opportunity to look at how to incorporate these norms into culturally appropriate education and counseling interventions. *Class size: unlimited.*

HIV Issues related to Women Offenders in Drug Treatment (3hrs)

This course presents some of the issues specific to women offenders in drug treatment with regard to HIV/AIDS. Utilizing experiential exercises this course will sensitize participants to gender specific HIV/AIDS issues and provide the opportunity to practice skills, which will enable practitioners to incorporate a gender-specific approach into HIV/AIDS work. *Class size: unlimited.*

Domestic Violence: (6hrs)

This course will help practitioners understand domestic violence and its impact on women offenders in drug treatment. Topics to be covered include: history and context of domestic violence work today, definition of terms and terminology, screening issues for victims and perpetrators, additional risks for women in drug treatment, resources and safety planning. *Class size: limited to 30.*

Domestic Violence in Lesbian & Gay Communities: (6hrs)

This advanced course on domestic violence assumes previous knowledge of basic domestic violence concepts. This course will explore the similarities and differences between domestic violence in lesbian/gay and heterosexual relationships. Topics include: definition of sexual and gender identity terminology; specific Lesbian, Gay,

Bisexual and Transgender (LGBT) tactics of power and control, additional risks for LGBT offenders in drug treatment, screening issues, safety planning and resources. *Class size: limited to 30.*

Domestic Violence and Children: (3hrs)

This advanced course on domestic violence assumes previous knowledge of basic domestic violence concepts. This course will focus on the effect of domestic violence on children and include: mandated reporting issues, elements of maltreatment, elements of abuse, behavioral and emotional problems associated with witnessing violence, and factors to consider when developing a safety plan. *Class size: unlimited.*

FAMILY DRUG TREATMENT ISSUES:

Using a Family Systems Treatment Approach in Drug Court (6hrs)

This course will teach a family systems approach to identify roles, rules, boundaries and other issues of families affected by alcohol and other drug dependence and criminal behavior. The course will detail differences noted in families affected by different drugs (i.e. alcohol, cocaine, heroin) and at different stages of the addiction process. *Class size: limited to 30.*

Children from Alcoholic & Other Drug Dependent Families: (3hrs)

This course addresses the bio-psycho-social-spiritual legacy of children and adult children of alcohol and other drug dependent families. Family roles, risk factors, core issues, behavioral indicators, issues for adult children as parents and interventions will be covered. *Class size: unlimited.*

Parenting in Recovery: (3hrs)

Offenders in recovery who are also parents often have a hard time understanding that getting sober is only the first step in a longer family process. Unfortunately, having frequently been raised in dysfunctional families themselves; recovering people have had inadequate parenting role models. This course will assist practitioners in helping clients to bridge the gap between the different demands of living in recovery and parenting in recovery. *Class size: unlimited.*

Talking about HIV with Children (3hrs)

This course will help practitioners work with drug court clients on how to talk to their children about HIV. The course covers: disclosure issues for parents who have HIV/AIDS; talking to kids of different ages about sex, drugs and HIV; helping kids get out of risky situations; finding positive activities for kids; and socializing in a safe and caring way with people who have HIV. *Class size: unlimited.*

ADOLESCENTS IN DRUG TREATMENT:

Drug Treatment for Adolescents in Drug Court (6hrs)

This course will help practitioners understand the specific issues of adolescents in drug court. Topics will include a model of adolescent development, bio-psycho-social-spiritual

adolescent risk factors, the dynamics of addiction in adolescence, family dynamics from the adolescent perspective, criminality and adolescence, sanctions and incentives for adolescents and effective treatment strategies. *Class size: limited to 30.*

Group Facilitation with Adolescents in Drug Treatment (6hrs)

This advanced workshop is designed to provide treatment providers with an overview of issues that surface when working with adolescents in a drug treatment group setting. Practitioners will learn effective facilitation strategies and will have the opportunity to implement them in a combination of presentation and experiential activities. Participants will be expected to have some previous background in adolescent development and basic group dynamics. *Class size: limited to 30.*